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MONTHLY NEWS LETTER

August 2024 Edition



Editorial

Dear CIU Community,

August has been a month of unity, growth, and inspiration at Clarke International University, marked by our participation in the Rotary Cancer Run, a productive start to the academic year, and a warm welcome to new students during Orientation Week. We also gained valuable insights from Mr. Canary Mugume during our Lit Series event and celebrated the CIU Students' thrilling football victory over the staff. As we move forward, let's carry this momentum into the new academic year, embracing the challenges and opportunities ahead.

Isabirye Nicholas
Business Development Manager

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CIU TEAM JOINS HANDS FOR A CAUSE: PARTICIPATES IN THE ROTARY CANCER RUN

In a spirited demonstration of solidarity and commitment to social impact, the Clarke International University (CIU) team proudly participated in this year's Rotary Cancer Run. The event, held under the theme "Running for a Cause," brought together thousands of participants from diverse backgrounds, all united in the fight against cancer.

CIU's participation highlighted our core values of leadership, innovation, and transformation. Faculty, staff, and students from various programs joined together to run and raise awareness about cancer, embodying the spirit of community engagement that defines our institution. The team joined other runners in a vibrant display of energy, determination, and shared purpose to support cancer research and treatment efforts in Uganda.

The CIU team's involvement in the Rotary Cancer Run reflects our ongoing commitment to social responsibility and fostering a culture of wellness and care. Through our participation, we aim to inspire others to join the cause, amplify awareness, and contribute to efforts that promote healthier communities.

As we continue to lead, innovate, and transform, we remain dedicated to making a positive impact both within and beyond our campus walls. We extend our gratitude to the Rotary Club for organizing such an impactful event and look forward to future opportunities to support meaningful causes.

CIU STAFF MEETING: A THRIVING START TO THE ACADEMIC YEAR







At Clarke International University (CIU), we believe in setting the stage for success from the very first day. This year, our theme is "Thriving," and our focus is on fostering a culture where both staff and students excel. At the recent staff meeting, our dedicated team of iThrive Champions led the way in crafting strategies that promise a transformative educational experience for all our students.

The meeting marked the beginning of a new academic year filled with excitement, collaboration, and renewed commitment to our mission. With a sharp focus on student-centered pedagogy, CIU staff discussed innovative teaching methods, new initiatives, and effective strategies to enhance student engagement and success. The discussions were driven by a shared passion for excellence, with every member of the CIU team contributing ideas that align with our core values: Leadership, Innovation, and Transformation (LIT).

Our iThrive Champions, key staff members dedicated to driving our mission forward, have been at the forefront, developing dynamic strategies that aim to enrich the educational journey of our students. Their efforts are geared towards creating a supportive and engaging environment where every student can achieve their fullest potential.
The meeting underscored the importance of unity and teamwork as we embark on this new academic journey. With a collective spirit of enthusiasm and determination, Team CIU is set to lead, innovate, and transform the learning experience for all.

As we move forward, we remain committed to our mission of providing a holistic education that prepares our students to thrive in their careers and communities. Together, we are united for excellence!

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CIU LIBRARY DEPARTMENT WELCOMES NEW STUDENTS: A JOURNEY TO KNOWLEDGE AND EXCELLENCE

The Library Department at Clarke International University (CIU) is excited to welcome new students and guide them on maximizing the library's vast resources. As the academic year begins, the library team is committed to ensuring that all students have the tools and knowledge they need to excel in their studies.

During a special orientation session, new students were introduced to the wide range of services and resources available in the library, including access to an extensive collection of books, academic journals, e-books, and online databases. The session focused on helping students navigate the library's digital catalog, utilize research tools, and make the most of the study spaces designed to support individual and group learning.
The library staff, equipped with years of experience and a wealth of information, also shared essential tips on effective research techniques, referencing styles, and strategies for academic success. Students were encouraged to explore the library's quiet zones for focused study, the group discussion areas for collaborative learning, and the digital resources available for remote access.
CIU's Library Department plays a vital role in fostering a culture of academic excellence and innovation. By offering ongoing support and resources, the library aims to empower students to become self-directed learners, critical thinkers, and innovative leaders in their fields.
We are excited to see our new students thrive and look forward to supporting them on their academic journey.

At CIU, the library is more than just a place for books – it's a gateway to endless possibilities!



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CIU ORIENTATION WEEK CONCLUDES: A STRONG START TO AN EXCITING JOURNEY AHEAD

Clarke International University (CIU) proudly concluded its Orientation Week, a vibrant and engaging introduction to campus life for our newest students. Over the past few days, freshers have experienced a whirlwind of activities, workshops, and events, all designed to help them feel welcomed, prepared, and excited for the journey ahead.

New Beginnings and Building Connections

From the opening day, the atmosphere was charged with enthusiasm as university leaders, faculty, and current students greeted freshers with open arms. The orientation program was packed with sessions that introduced the new students to CIU's academic culture, values, and community spirit. Through these events, freshers learned the importance of our core principles: Leadership, Innovation, and Transformation (LIT).

Equipping Students for Success

Throughout the week, students participated in various workshops and seminars that focused on academic excellence and personal development. Topics covered included study strategies, effective time management, digital literacy, and utilizing campus resources like the library and student support services. These sessions equipped students with the essential tools they need to thrive in their academic pursuits and future careers.

Creating Lasting Friendships and Memories





Beyond the formal sessions, Orientation Week offered numerous opportunities for students to forge new friendships and connections. Icebreakers, team-building exercises, and social events created an environment where freshers could bond, share experiences, and start building a sense of community within the university. The enthusiasm and excitement were evident as students explored their new home and embraced their roles as members of the CIU family.



Looking Forward to a Promising Year

As Orientation Week comes to a close, we are filled with optimism and excitement for the year ahead. Our new students have already demonstrated a passion for learning, a desire to engage with their peers, and a commitment to making the most of their time at CIU. We are confident that they will embody the spirit of CIU, ready to lead, innovate, and transform their futures.

We thank all the staff, faculty, and student leaders who made Orientation Week a success and extend a warm welcome to our newest CIU family members. Let's continue to build on this strong start and make the academic year ahead one of growth, discovery, and achievement!

LIT SERIES EVENT RECAP: INSIGHTS FROM MR. CANARY MUGUME ON PERSONAL GROOMING AND SELF-PRESENTATION

On our recent Lit Series session, we were honored to host Mr. Canary Mugume, a distinguished media personality, who shared valuable insights on the theme of "Personal Grooming and Self-Presentation." His talk centered around three critical aspects: self-confidence, self-branding, and professional image. Let's explore the key takeaways that can help you elevate your personal and professional presence.

1. Self-Confidence: Building the Foundation
Mr. Mugume emphasized that confidence is key in personal grooming and self-presentation. This includes maintaining eye contact, giving a firm handshake, and presenting yourself with conviction. Building self-confidence also involves regular practice. He encouraged the audience to practice telling stories, attending fellowships, and interacting with more leaders to build a strong and assertive persona.

2. Self-Branding: Mastering Your Industry
Understanding the industry you are in is crucial for effective self-branding. Mr. Mugume highlighted that individuals need to learn the ins and outs of their industry, understand the unique demands, and position themselves accordingly. This approach allows for a tailored personal brand that resonates within a specific professional context, enhancing one's visibility and credibility.

3. Professional Image: Respect and Trust
A professional image is not just about how you look but also how you conduct yourself. Respecting yourself and the people you interact with, and building trust are all key elements. Mr. Mugume stressed the importance of maintaining integrity in all professional engagements, which ultimately contributes to a lasting and positive impression.

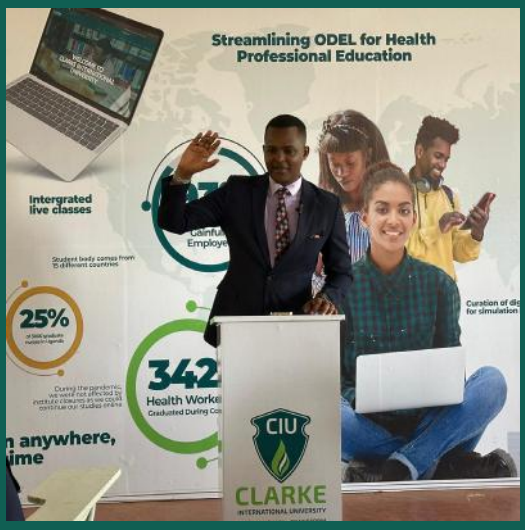
4. Adaptability: Be Innovative
In today's fast-paced world, adaptability is essential. "Be innovative and go with the trend," advised Mr. Mugume. He encouraged participants to embrace change, stay updated with industry trends, and be proactive in their approach. He emphasized that excellence comes from going the extra mile and continuously striving to improve.

5. Building Confidence and Overcoming Stigma
Mr. Mugume also shared strategies for building confidence and overcoming stigma. He recommended practicing storytelling, attending fellowships, and engaging with leaders to broaden one's perspective and build resilience.

6. Clarity and Planning: The Road to Success
Lastly, he emphasized the importance of having clarity in one's career goals and building them from the earliest stages. He recommended the practice of maintaining a to-do list for better self-management and direction, enabling individuals to stay focused and organized on their journey to success.

Mr. Mugume's session was a blend of practical advice and motivational guidance, leaving the audience inspired to take charge of their personal and professional image. As he aptly put it, "Always strive to be the best version of yourself, and success will follow."

Stay tuned for more inspiring talks in our next Lit Series event!









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DEAN OF STUDENTS MESSAGE

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Monthly Message

Welcome back to the start of a new academic year! I hope you all had a restful and rejuvenating break, and that you're feeling energized and ready to dive back into your studies and work. A special welcome to all our fresh students we're thrilled to have you join our CIU community.

As your university counselor, I want to remind you that I'm here to support you throughout the semester. Whether you're feeling overwhelmed with your course load, struggling with your mental health, or simply need someone to talk, and my door is open. I encourage you to reach out whenever you need assistance **(rnamutebi@ciu.ac.ug)** you don't have to face any challenges alone.

This semester, in addition to one-on-one counseling sessions, I'll also be hosting an online webinar. The session will be focused on improving mental and emotional health to support your holistic wellbeing. We shall also have work-shops focused on topics like personal finance manage-ment, and effective leadership. Keep an eye out for the full schedule, and I encourage you to attend these valuable workshops. Last semester, we focused on bringing awareness to mental health and identifying signs of stress. This semester, we will dive deeper and explore practical strategies for managing stress and maintaining balance. I'm excited to share these resources with you. I'm looking forward to connecting with all of you in the weeks and months ahead.

Wishing you a productive, meaningful, and fulfilling semester!

Ritah Namutebi
Dean of Students



CIU STUDENTS DEFEAT STAFF IN A DRAMATIC FOOTBALL SHOWDOWN

Last Friday, CIU was buzzing with excitement as the students' guild body took on the CIU staff in a highly anticipated football match. The game was filled with energy, fierce competition, and an overwhelming wave of support from the fans who crowded the sidelines.

The first half saw the staff off to a flying start with a well-taken penalty that had the crowd roaring. Their 1-0 lead at halftime had the staff strutting around with confidence, with some even joking about retiring as "champions" after this game. The fans, especially those on the staff's side, were already planning their post-match celebrations.

But the second half took a wild turn. The students, refusing to back down, charged onto the field with renewed determination. They quickly found an equalizer, which sent shockwaves through the staff's ranks. Nicholas, the staff's goalkeeper, who had been hailed as a hero in the first half, was found wiping away tears after the students' equalizing goal. It was a heart-wrenching moment that had fans on both sides feeling the intensity of the match.
As the minutes ticked by, the staff started to show signs of fatigue. One staff member was overheard jokingly asking if the referee could "pause the game for a quick nap." Meanwhile, the students seemed to have endless energy, sprinting around like they were in the first minute of the match. One staff player even attempted to distract a student striker with a dance move, hoping to throw him off—unsuccessfully, of course.

With the game locked at 2-2, the students kept the pressure on, eventually netting a third goal that sealed the staff's fate. The students' bench erupted in cheers, while the staff could only shake their heads, with one member jokingly vowing to start training for next year's rematch immediately.

The final whistle blew with the score at 3-2 in favor of the students. The match was not just a display of skill and determination but also a showcase of the lighthearted, fun spirit that defines the CIU community. As the teams gathered for a post-match photo, Nicholas, the staff's goalkeeper, laughed through his tears, promising a comeback next time.

The day ended with fans and players alike sharing stories of the match, laughing at the funny moments, and celebrating the sense of camaraderie that sports at CIU always seem to bring.



