CLARKE INTERNATIONAL UNIVERSITY

NEWS LETTER

MARCH & APRIL 2024











BREAKFAST AND LEADERSHIP WITH DR KASENENE

Imagine this: a morning filled with food, coffee and an enlightening talk on nutrition. Dr. Kasenene led a captivating discussion on healthy living through mindful eating habits. His words resonated deeply as he posed a thought-provoking question, “Do you know why obesity is running in many people’s families? He paused, “because they don’t run in their families”. He emphasized that by simply altering our eating habits, we hold the power to heal many diseases. Additionally, he advocated for the practice of fasting, highlighting its health benefits. As we reflect on his insightful words, we extend our heartfelt gratitude to Dr. Kasenene for the invaluable knowledge he imparted.

10,000 STEPS AT CIU





As we delved deeper into the theme of stepping out of our comfort zones, we embarked on a thrilling fundraising initiative, the “10000 Steps” fundraising program for our university bus. This initiative not only aimed to raise funds for the university bus, but also encouraged us to prioritize our health and well-being by challenging us to take 10,000 steps daily. As we reflect on this journey, we extend heartfelt gratitude to the generous contributors who joined us in this endeavor.











CIU CLEANS NAMUWONGO MARKET

The highlight of our month was undoubtedly Community Day. The activities commenced the day before where our university came together to give back to the community with a collective effort clean Namuwongo market.









COMMUNITY DAY AT CIU

During the community day, attendees are offered a wide array of complimentary services, including medical checkups, treatments, and free blood tests, among other offerings. This event serves as a gathering for families, providing an opportunity for loved ones to come together and partake in a day filled with entertainment and enjoyment. The festivities are enhanced by the vibrant display of cultural dances performed by our talented students, representing various cultural backgrounds from Eritrea, Sudan, South Sudan, Uganda, Somalia, and India. Additionally, the winners of the “10000 Steps” initiative are recognized and rewarded for their achievements.















GRADUATION DAY AT CIU









Amidst all the celebrations, we paused to honor the culmination of academic journeys at our graduation ceremony. With hearts swelling with pride, we cheered on our graduating classes, applauding their hard work and determination in pursuit of knowledge and growth.

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COLOR CARNIVAL AT CIU









On April 6, 2024, Clarke International University's 12th Guild Government hosted a lively Color Carnival at the Rock Arena on the main campus. The event, attended by students, staff, and enthusiasts from various institutions, was a big hit with a diverse range of activities like FIFA matches, sack races, chess, and rock climbing. Partakers demonstrated their talents and sportsmanship, promoting a sense of unity and friendly competition. Several universities and institutions, such as the International University of East Africa, Victoria University, St. Lawrence University, Mildmay, and Monaco, collaborated with Clarke International for this event, allowing for networking and community building among students and faculty members. Prominent influencers like Uncle Whistle, Uncle Groove, and Tarry Events added glamour and excitement to the carnival, attracting a larger audience through their energetic presence and social media campaigns. Tickets priced at Shs.10,000 were sold in advance to ensure smooth access and crowd control, making the carnival inclusive and widely enjoyed. Overall, the Color Carnival 2024 was a well-organized and memorable celebration that highlighted Clarke International University's dedication to promoting creativity, unity, and community engagement through a variety of activities and performances. Here's to many more joyful and colorful events ahead!

CIU WRITERS CLUB SYMPOSIUM

The CIU Writers' Club demonstrated its dedication to promoting literacy, critical thinking, and healthy competition among students by organizing an engaging symposium on the 3rd of April 2024. The event featured a captivating spelling bee and an insightful quiz competition that tested participants' knowledge in categories such as Science and Technology, Pop Culture, Sports, Politics, and Geography. Students formed teams and competed fiercely, with Team Wikipedia emerging as the winners. The competition was overseen by a panel of judges, ensuring fairness and adding to the event's excitement. Additionally, a solo spelling bee saw Kigozi Akisam Keith clinching first place. Winners of both competitions will receive medals and certificates of appreciation during the upcoming handover ceremony. This successful symposium highlighted the talent, intelligence, and competitive spirit of CIU students, showcasing the university's commitment to fostering well-rounded individuals ready to make a positive impact.



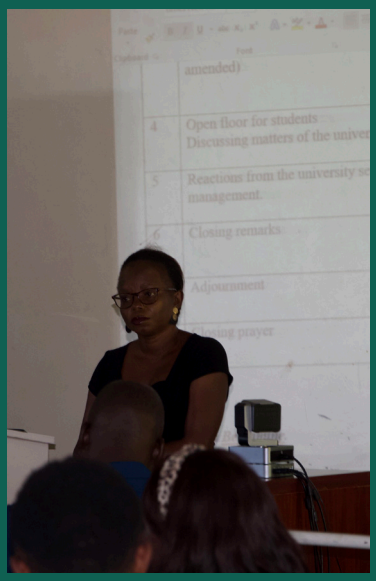


STUDENTS GENERAL ASSEMBLY









Clarke International University recently hosted its Students General Assembly, which aimed to promote dialogue, collaboration, and student involvement. The event, chaired by Nkurunziza Benjamine, the Guild Deputy Speaker, took place in the main lecture hall from 2 pm to 4:30 pm. Various important topics were discussed, including passing legislative bills, presenting Guild activities, and encouraging interaction between students, the Guild, and university administration. Students were urged to actively participate in shaping campus policies and initiatives, emphasizing the value of student engagement in decision-making processes. The assembly provided a platform for students to voice their concerns, ideas, and aspirations for the university, highlighting the importance of an inclusive and supportive environment. Nkurunziza Benjamine emphasized the significance of student engagement in campus affairs and urged active participation in upholding excellence, integrity, and community values at Clarke International University. Overall, the assembly served as a forum for students to share ideas, contribute to the university's development, and be part of a thriving and dynamic





KIBULI SSS VISIT:

We were delighted to host the Kibuli Biology Form Six students for a visit! The day was filled with excitement, as they toured our laboratories and campus grounds. Under the guidance of Assoc Prof Dr. Rose Nayonga Clarke, they learned invaluable lessons on charting their future paths. With inspiring speeches from the Guild president and Miss CIU, they were uplifted and encouraged to pursue their dreams with passion.









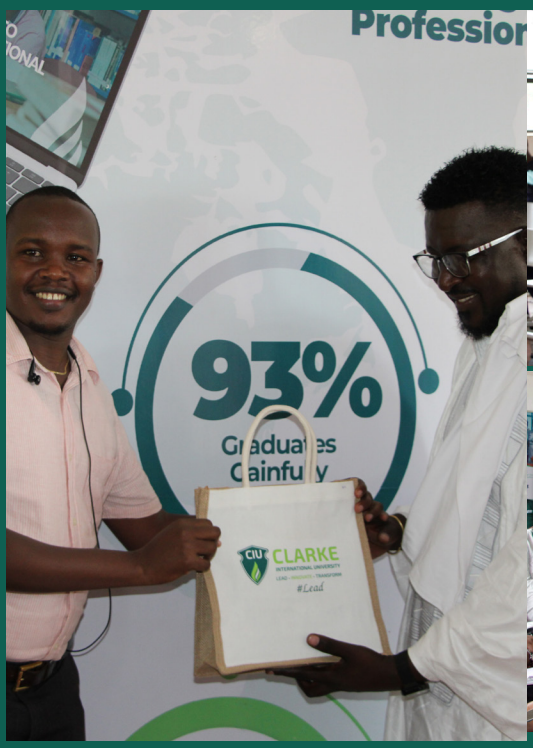
QUTE KAYE AND MR BILL BEKUNDA TALK ADDICTION

As we ended the the month of April, we were treated to a double feature breakfast, where we delved into the topic of addiction with Mr. Bill Bekunda and Mr. Qute Kaye as our guest speakers. Their stories painted a vivid picture of the struggles of addiction and triumphs on the road to recovery.

Mr. Bill shared his journey from being a “mummy’s boy” to battling his addiction with alcohol. He revealed how this once harmless habit spiraled into a nightmare, causing him to harm to those closest to him. The family intervened and sent him to a rehabilitation center, where he found salvation for his soul. It was there that he underwent a transformation, emerging from the darkness of addiction. “Liquor,” he warned, “has a way of numbing the mind, rendering it incapable of focusing on anything meaningful.” His words carried weight of wisdom, warning us to steer clear of alcohol, if we hope to achieve our dreams.

Equally captivating, Mr. Qute Kaye shared his journey of addiction. He was raised in a devout religious family, with pastor grandparents. His love for music and singing pushed him to pursue his talents even further, making him a successful singer who produced good music and great hits. As he surrounded himself with new acquaintances from the limelight, the temptations of alcohol and drugs grew too strong to resist, ultimately derailing his once-promising career. Left alone with nothing to his name, Mr. Qute Kaye turned to crime, only to face the consequences when caught. His experience teaches us the importance of helping others with addiction and surrounding ourselves with good influences.













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MISS CIU HOLDS A FUNDRAISING CAR WASH

The month ended with a fundraising carwash, hosted by the Miss CIU. This carwash served as the Miss's platform and aimed at supporting M-LISADA, an organization that supports underprivileged and street kids through music and art. We had numerous cars and Queens from other universities come to support the cause. We appreciate everyone who came and supported the cause!







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Dear valued readers,

On behalf of the CIU Writers Club, we would like to express our heartfelt gratitude for your continued support and engagement with our newsletters. It has been an absolute pleasure to serve as your editorial team, bringing you the latest news, stories, and updates from our community.
We are honored to have had the opportunity to be in charge of the editorial duties, and we hope that our efforts have provided you with informative, inspiring, and entertaining content. Your readership and feedback have been invaluable to us, and we are grateful for the trust you have placed in us.
As we conclude our editorial duties, we would like to leave you with our club's motto: Lead. Innovate. Transform. May these words inspire you to make a positive impact in your own sphere of influence, and may our newsletters have played a small part in sparking your creativity and passion.

Thank you once again for your loyalty and support. We wish you all the best!

Best regards,
The CIU Writers Club (Editorial Team)